



"A Sea of Choice: Navigating the Journey"

The Minnesota Age and Disabilities Odyssey

August 20 – 22, 2007

Duluth Entertainment and Convention Center

Duluth, Minnesota

Session Descriptions

Monday, August 20, 2007 1:45 p.m.

Aging and Brain Injury: Expect the Unexpected - French 1

Janis Wack, Brain Injury Association of MN

Due to advances in medical practices, people with brain injuries live longer. Recent research focuses on what might be expected as people with brain injuries age. Providers need to be aware of the potential for changes in functioning and related needs to adjust programs and expectations. Learn about recommendations for working with persons with brain injury.

Disability Care: Right Care, Right Time, Right Place - Room 205

Lynn Morishita and Deb Nugent, AXIS Healthcare

The AXIS Disability Care Coordination Model provides a framework for care coordination that is redesigning the delivery of care for persons with physical disabilities. During the workshop, we discuss the use of nurse practitioners for primary care and home visits, a specially developed Skin and Wound Care Initiative for people at risk and with limited mobility and effective management of care during transitions between services, providers and settings.

In Pursuit of Memory Care Competent Health Care - Room 204

Mary Birchard, Alzheimer's Association, Barb Caskey, Arrowhead Area Agency on Aging, Barbara Lawrence, Wisconsin Alzheimer's Institute and John Selstad, MN Board of Aging

Costs of caring for someone with dementia are tremendous. Learn about the current impact of dementia, cost savings and systems changing strategies to provide better care, innovative strategies to work with families and physicians throughout Minnesota, and how Wisconsin has developed systems changing specialized memory care capacity within clinics

It Was a Great Workshop, But Nobody Came! - French 2

Joan Knuesel, Family Means

We have all had frustrating experiences putting together wonderful workshops only to be disappointed with attendance. How do we educate people in timely, easily accessible and relevant ways? What formats lend themselves to successful education outside a classroom structure? Discuss overcoming barriers to traditional education models and explore alternative strategies for getting education to the public.

Navigating the System: Basics of Home Care Services - Split Rock 2

Audrey Fischer, Karen Langenfeld, Katie Linde, Rebecca Slininger and Linda Wolford, MN DHS Disability Services

Home care services are designed to keep people with disabilities living in the community. Services are licensed (skilled nursing visits, private duty nursing, home care therapies and home health aide visits) or unlicensed

Rochester-Olmsted County Fall Prevention Coalition: An Effective Multi-Sector Partnership - Rooms 301-302

Corrine Erickson, Lead Social Worker, Home and Community Care Program and Daniel Jensen, Director of Preventive Health Services

The Coalition provides fall prevention education to seniors, conducts home safety checks, identifies individuals at risk for falls through the Rochester Fire Department and links those identified as high risk with their physician. The coalition recently received funding to develop a program centered around resource video, mitigation measures and direct outreach to seniors and other community stakeholders.

Scambusters: Stopping Medicare Fraud, Waste and Abuse - Room 204

Sharon Notch, Senior Linkage Line® Senior Outreach Specialist and Stephanie Sworsky, Senior Linkage Line® Program Coordinator

Don't think scams can happen to your elderly clients? Think again. Seniors are the most vulnerable population when it comes to identity theft, health care billing errors, telemarketing fraud and, now, Internet fraud. Each year this group is scammed out of \$12.01 billion! In this session, you will hear real stories about real seniors who have been potential victims of scam. Learn how these seniors identified that a scam was taking place. Bring new tips and techniques back to your organization to share with your clients. Catch scammers before they make a profit off your clients!

DHS Waiver Review Team share County Promising Practices- Part One- Ballroom K

Leah Goldstein-Moses, The Improve Group and Jean Martin MN DHS Continuing Care Administration

As a result of the DHS waiver review of 24 MN counties, major findings and promising practices have been identified in the home and community-based service programs. This session discusses findings, common themes, barriers, the use of person-centered care planning and consumer satisfaction surveys to ensure persons receive the services they want and need. Handouts include tools county staff use to manage HCBS waivers.

Work Incentives: What Are They? How Can They Help? - Gooseberry 1

Beth Grube, MN DHS Disability Services and Kris Koukkari, MN Work Incentive Connections

This session provides detailed information on the many federal and state work incentives available to people with disabilities and discusses how they all can work together to help people achieve their employment goals.

Working with Diverse Population: The Importance of Culturally Competent Care - Split Rock 2

Artemio Alvarado and Ana Diaz, MD, Payne-Phalen Living At Home/Block Nurse Program

This workshop will show the value of successfully assessing, diagnosing, treating and serving elders while being sensitive to providing culturally competent care. With the right tools like a Cognitive Performance Test (CPT) to assess and diagnose a person's stage of Alzheimer's disease, for example, it is not always about translating from one language to another to produce results. It is about adapting the process to a specific culture.

Tuesday, August 21, 2007 10:30 a.m.

A Study of Models of Care Management for Minnesota Elders - Room 203

Cara Bailey, MN DHS Purchasing and Service Delivery, Alison Johnson, Halleland Health Consulting, Inc., Joelyn Malone, Malone Consulting and Deborah Paone, Paone & Associates, LLC

Researchers identified five models of care management being used to deliver care coordination and case management services in these programs. Using a multi-method approach, researchers examined the processes through which each of these models is implemented. The authors of the study and staff members of Minnesota

DHS Waiver Review Team Share County Promising Practices Part Two – Ballroom K
Leah Goldstein-Moses, The Improve Group and Jean Martin MN DHS Continuing Care Administration

As a result of the DHS waiver review of 24 MN counties, major findings and promising practices have been identified in the home and community-based service programs. This session discusses findings, common themes, barriers and ways counties monitor and improve provider performance through contracts and other reporting tools while balancing cost, available and quality of services. Handouts include tools county staff use to manage HCBS waivers

Plans for Achieving Self Support (PASS) - Split Rock 1
Mark Vevea, Social Security Administration

PASS allows individuals receiving either Social Security disability or Supplemental Security Income benefits to set aside income or resources to reach a specific job goal. Topics covered include general disability guidelines, how to file a PASS, what items and services can be funded and how a PASS affects other benefits. In addition, we will cover how plans are evaluated.

The Power of Words - St. Louis
Mike Chevrette and Carisa Rasmussen, Metropolitan Center for Independent Living

Access to buildings, education and employment has significantly increased due to law changes and efforts of disability organizations. Change is still essential in communication. Individuals are sometimes concerned that they will say the wrong thing, so they say nothing at all, segregating people with disabilities. Every person has many characteristics-personality traits, but no one wants to be labeled based on just one aspect of themselves. This workshop highlights the ability of words to build skills for communicating effectively and respectfully in professionals who work with people with disabilities.

Transform 2010: Just Do It! - Room 204
Mary Olsen Baker, Lisa Gold and LaRhae Knatterud, MN DHS

Invitational roundtables are being held around the state to present the 2007 Blueprint for 2010 and motivate stakeholders to take action response to these themes. This session focuses on critical changes needed in areas of economic security, redefining work and retirement, supporting caregivers, fostering communities for a lifetime, improving health and long-term care and maximizing use of technology.

What is Autism Anyway? - Room 305
Mary Powell, Autism Society

This presentation covers the criteria for an autism diagnosis and how the characteristics of autism present themselves in different people. Finally, helpful suggestions for effective ways to support people with autism are presented.